

# LifeWave® Patch Overview by David Schmidt

Dr. Joseph Peck's Notes

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## Sources of information

- 10-minute video with David Schmidt at <https://startx39now.com/patches-deep-dive/>
- The LifeWave® All Products Flyer  
<https://startx39now.com/wp-content/uploads/2023/08/AllProducts-FlyerEN-Aug2023.pdf>

## X39®

- **STEM CELL ACTIVATION** patch known to elevate GHK copper tripeptide, which is known to enhance stem cell activity and reset about 1/3 of the genome (3,000-4,000 genes) to a younger, healthier state within 24 hours.
- Supports (enhances) cellular repair, pain relief, wound healing, healthy inflammatory response, energy, and better sleep.
- Improves recovery after exercise.
- David Schmidt definitely recommends this for nearly everyone (Note: David says if he could only wear one LifeWave patch, it definitely would be X39.)

## X49®

- Activates stem cells, but more laser focused than X39
- Elevates AHK copper tripeptide.
- **Increases muscle** and reduces body fat.
- Improves overall cognition of the brain.
- **Increases bone density.**
- Acts as a Faraday cage to reduce cell phone radiation.
- Especially helpful for seniors.

## Energy Enhancer®

- The very first patch developed by David Schmidt.
- Designed to elevate fat burning.
- Anti-aging product.
- Requires the use of two patches at a time (brown and white).

## Carnosine®

- Dipeptide (2 amino acids)
- Antioxidant // Carnosine has been shown to reduce oxidative stress and oxidative damage, especially in the brain and in the blood. This peptide protects your telomeres.
- Principally found in the heart, brain, and the muscle tissue // **Promotes overall health and wellness of the brain, heart, and muscles.**

- There are some extraordinary benefits of using this product.
- Mice lived 30-40% longer when on a diet high in carnosine and they stayed young their entire life.
- Improves athletic performance.
- Improves cognitive functions, prevents mental decline and visual degeneration.
- Carnosine is **the most powerful anti-glycation nutrient** that has ever been discovered. What this means is sugars can bind with proteins to create glycation that causes inflammatory stress in the body. Carnosine can reduce this. (Source: <https://youtu.be/VhJOhCN5xoQ>)
- When you use the Carnosine patch, you will definitely see increases in muscle strength and stamina in the very first week (Source: <https://youtu.be/VhJOhCN5xoQ>)

#### Glutathione®

- **The body's master antioxidant** found everywhere in the body.
- Detoxification in the liver is related to glutathione levels.
- Provides crucial immune support.
- Glutathione patches are clinically proven to elevate glutathione level by 300% on average within 24 hours.

#### Aculyte®

- Created for horses to provide pain relief (but found to help dogs too)
- Requires the use of two patches at a time (brown and white).

#### Aeon®

- One of David Schmidt's favorite patches (Note: David says if you could only use two LifeWave patches, they would be X39 and Aeon.)
- Began developing in 2009
- **Broad spectrum anti-inflammatory** (reduces pain from inflammation).
- Activates the primitive immune system.
- Principally designed for stress reduction, **balancing the parasympathetic and sympathetic nervous systems.**

#### IceWave®

- Primary pain relief product
- Have more than 12 clinical studies on just IceWave®
- Often see 50-100% pain relief within 2-3 minutes
- It's a 2-patch system (with brown patch placed over area that is most painful)
- Similar to Energy Enhancer but optimized for pain relief.

#### Silent Nights®

- Elevates melatonin.
- Improves the quality of sleep and length of sleep.
- Can increase the length of sleep by 60% using this patch.

#### SP6®

- For appetite control, not weight loss.
- Used in conjunction with an overall weight loss program.
- Designed to balance blood sugar and get cravings under control.

#### Alavida®

- Anti-aging product
- Elevates a peptide in the pineal gland.
- Significantly reduces oxidative stress.
- Helps get rid of lines and wrinkles.

#### Nirvana®

- Designed to support and reduce stress and anxiety within 3 weeks.
- Elevates beta endorphins.
- Increases collagen production.
- Elevates healthy production of beta-endorphin to enhance mood without drugs, chemicals, or stimulants.
- Contributes a positive impact towards well balanced emotional and mental health.
- Note: **No longer available in 2023**

#### Additional Resources regarding LifeWave® patches

- Favorite videos - <https://lightleads888.com/videos/>
- Testimonies - <https://lightleads888.com/testimonies/>
- Training calls - <https://lightleads888.com/training/>